	J-1 Exchange Visitor	H-1B Temporary Professional Worker
Purpose	 Opportunities for collaboration in research, teaching, and participation in cultural and educational programs. 	Temporary positions in specialized fields that demand both theoretical and practical expertise.
Eligibility	 Ideal for time-limited training roles and collaborative opportunities, not applicable for entry-level staff positions. Not intended for tenure-track or tenure-track eligible roles. Applicants must have at least a bachelor's degree, with some categories requiring a higher degree or specialized expertise. 	 Requires a minimum of a B.A./B.S. or higher in a specialized discipline. Primarily for academic roles, such as tenure-track teaching and research appointments.
Duration	 Duration varies depending on J-1 category. Up to five years for J-1 Research Scholar and Professor categories. Maximum of six months for Short-Term Scholar category. 	Up to six years (initial approval for up to three years, can be extended for three more years).
Processing Time	 The ISO will process within 5 business days upon receipt of a complete request without errors. Departments are strongly advised to submit requests at least 3 months in advance of the desired start date. Scholars from certain countries or those in specific fields may experience administrative processing delays 	 External counsel requires a completed case initiation request a minimum of 4 months before the desired start date. Scholars from certain countries or those working in specific fields may encounter administrative visa processing delays.
Intent	Nonimmigrant intent.	Dual intent.
Cost to TCU	No direct costs for the internal DS-2019 request.	 TCU is required to pay for all fees except dependents.
Cost to Beneficiary	 SEVIS 1901 Fee. Visa application fee. Visa reciprocity issuance fee (varies by country). Health insurance cost. 	 Visa application fee. Visa reciprocity issuance fee (varies by country). Dependent cost (may be paid by employer).

Funding	 Funding can come from our institution, the home institution, the home government, the U.S. government, personal funds, or a combination of these sources. 	Must be on TCU payroll.
Unique Features	 12-month and 24-month bar may apply. Mandatory health insurance requirement. J-1 visitors may be subject to the two-year home country physical presence requirement (212e) 	 Universities are "cap exempt" Employers cannot place employees on unpaid leave due to lack of work. Employers must cover return transportation costs if employment is terminated before the original end date. Hosting department must report terminations to the ISO.
Outside Employment	 J-1 scholars may be eligible (with prior ISO approval) to receive payment for incidental, short-term contractual work, such as "occasional lectures and consultations. 	 H-1B employees are ineligible for honorariums, but may be eligible for travel reimbursements, and are restricted to working for TCU in their authorized role.
Dependents	 J-2 status is available for spouses and children under 21. J-2 dependents are eligible to apply for work authorization. 	 H-4 status is available for spouses and children under 21. Employment authorization for an H-4 spouse is available only if the H-1B worker has an approved immigrant petition.
Eligible for PR Sponsorship	• No	• Yes